Ayelet Peer, "Entry on: YEAR 3: ANCIENT GREECE (five lessons): Lesson 3. Rough, Tough Sparta by Core Knowledge ", peer-reviewed by Lisa Maurice, Daniel A. Nkemleke. Our Mythical Childhood Education (Warsaw: University of Warsaw, 2025). Link: http://omc.obta.al.uw.edu.pl/education-survey/item/115.

Core Knowledge

YEAR 3: ANCIENT GREECE (five lessons): Lesson 3. Rough, Tough Sparta



UK

TAGS: Sparta

General information	
Title of the work	YEAR 3: ANCIENT GREECE (five lessons): Lesson 3. Rough, Tough Sparta
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Creators

Core Knowledge

Core Knowledge UK

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https://www.coreknowledge.org/about-us/

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Additional information

Contents & Purpose

The aim of this lesson plan is to introduce the city-state of Sparta and its tough military regime

Further comments

The title of this lesson is Rough, Tough Sparta which indicates its purpose but also provides a preliminary impression on Spartan society even before the lesson has begun. The students are probably a bit familiar with some stories about rough Spartan society and this lesson perpetuates the rigidness of that society, especially in comparison with Athens.

This lesson offers an adapted story from *The Story of the Greeks* by H. A. Guerber. It follows the life of a Spartan boy and his daily training regime. The story accentuates the difficult training for Spartan boys which can result in death. Hence it makes the Spartan appear almost as inhuman.

The teachers are advised to discuss the story with the students, write a diary entry as the boy or a reenactment.

In the "Activities for Learning" section, there are links to videos about the Spartan army from Horrible histories. We should remember that these are satirical videos which make a bit of fun of the strict Spartan society. For example, "Horrible Histories - Spartan High School Musical" emphasizes the physical punishment used in Spartan education and mocks it. There is no direct reference to a video from 300 movie (perhaps due to copyright issue?), although the beginning of the movie shows a very vivid reenactment of Spartan agoge.

