Hanna Zarzycka, "Entry on: Janet Stephens YouTube Videos: Series of Short Online Video Hair Tutorials Teaching About Ancient Hairstyles by Janet Stephens", peer-reviewed by Elżbieta Olechowska and Lisa Maurice. Our Mythical Childhood Survey (Warsaw: University of Warsaw, 2018). Link: <u>http://omc.obta.al.uw.edu.pl/myth-survey/item/475</u>. Entry version as of July 21, 2025.

Janet Stephens

Janet Stephens YouTube Videos: Series of Short Online Video Hair Tutorials Teaching About Ancient Hairstyles

United States (2011)

TAGS: Agrippina the Elder Agrippina the Younger Ancient Fashion Aphrodite Cleopatra VII Faustina the Elder Faustina the Younger Greece Greeks Julia Domna I Plotina (Empress) Roman Empire Roman Republic Rome Sabina (Empress) Vestal Virgins Wedding Traditions (Greek and Roman)



We are still trying to obtain permission for posting the original cover.

General information	
Title of the work	Janet Stephens YouTube Videos: Series of Short Online Video Hair Tutorials Teaching About Ancient Hairstyles
Country of the First Edition	United States of America
Country/countries of popularity	Worldwide
Original Language	English
First Edition Date	2011
Available Onllne	<u>youtube.com</u> (accessed: August 20, 2018)
Genre	Educational films , Instructional and educational works, Internet videos, Short films
Target Audience	Crossover (Young adults but children and adults as well, anyone interested in unique hairstyles)
Author of the Entry	Hanna Zarzycka, University of Warsaw, hanna.zarzycka@student.uw.edu.pl
Peer-reviewer of the Entry	Elżbieta Olechowska, University of Warsaw, elzbieta.olechowska@gmail.com Lisa Maurice, Bar-Ilan University, lisa.maurice@biu.ac.il



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Creators



Janet Stephens (Author)

Janet Stephens was born in Kennewick, Washington. She is an independent scholar, professional hairstylist and cosmetologist based in Baltimore, MD, whose area of academic specialization is ancient and historic hairdressing. She has published *Ancient Roman Hairdressing: On (Hair)Pins and Needles* (Journal of Roman Archaeology 21, 2008) and *Recreating the Hairstyle of the Fonesca Bust* (EXARC Journal Annual Digest, 2013). She has given numerous presentations, including *The Scientifick Hairdresser: Curling and Coiffing in the Jeffersonian Era, Ovid's Cosmetology: The Hair Science behind Amores 1.14, Truthy or False-ish? Hair in Ancient Roman and Renaissance Female Portraiture, Ancient Roman Hairdressing: Fiction to Fact,* and *Vestal Virgin Hairstyling: Recreating the Seni Crines.* Ms. Stephens was a 2011 Rome Prize finalist in Design (see here, accessed: June 28, 2018).

Source:

Janet Stephens YouTube channel (accessed: September 5, 2017).

Bio prepared by Hanna Zarzycka, University of Warsaw, hanna.zarzycka@student.uw.edu.pl



This Project has received funding from the European Research Council (ERC) under the European Union's Horizon 2020 Research and Innovation Programme under grant agreement No 681202, *Our Mythical Childhood... The Reception of Classical Antiquity in Children's and Young Adults' Culture in Response to Regional and Global Challenges*, ERC Consolidator Grant (2016–2021), led by Prof. Katarzyna Marciniak, Faculty of "Artes Liberales" of the University of Warsaw.

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Additional information

Summary	Titles of videos (accessed: August 20, 2018):
	Julia Domna I;
	Agrippina the Younger;
	Ancient Roman Hair Styles: Men;
	<u>Aphrodite Knot;</u>
	<u>Cleopatra;</u>
	Empress Sabina: Ancient Roman Hairdressing;
	Julia Domna: Forensic Hairdressing;
	<u>Cleopatra's Coin Hairstyle;</u>
	The Hairstyles of Faustina the Younger;
	Flavian-Trajanic Hairstyle: Orbis Comarum;
	Hairstyle of Empress Faustina the Elder;
	Hairstyle of Agippina the Elder;
	<u>Classical Greek Hairstyle;</u>
	The Hairstyle of Empress Plotina;
	The Tutulus Hairstyle: Ancient Roman Hairdressing;
	Vestal Hairdressing: Recreating the "Seni Crines";
	Hairstyle and Costume of the Roman Bride;
	Ornatrix School: Needle Skills;
	<u>Ornatrix School: Bodkin Skills - 2nd ed</u> .;
	Hairstyle of Agrippina the Elder;
	2 Grecian Cross-tied Hairstyles for Women;



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Grecian "Sakkos" Hairstyle for Women;

Hairstyle of a Young Roman Girl, 40's BC;

The "Tower" Hairstyle: 2nd Century AD.

Currently, there are many Janet Stephens' hair tutorials on her channel on YouTube, such as the ones explaining the hairdo of Agrippina the Younger, Cleopatra and even Aphrodite's knot. Every inspiration comes from a real sculpture from various museums all over the world, for example <u>Hairstyle of a Young Roman Girl, 40's BC</u> video (accessed: August 20, 2018) was inspired by the sculpture from the Museo Centrale Montemartini in Rome. There are also videos of men hairstyles, from Julius Caesar's to Maximinus Thrax's (<u>Ancient Roman</u> <u>Hair Styles: Men</u>, accessed: August 20, 2018). Her knowledge comes from reading many ancient sources, such as Ovid's Amores.

Analysis

Janet Stephens started her classical work quite unexpectedly. As she was waiting for her daughter who was taking music classes, she decided to visit Walters Art Museum in 2001 where she found a sculpture of Empress Julia Domna (170-217 A.D.), wife of Emperor Septimius Severus. The hairstyle of Empress fascinated her so much that she started doing a deeper research about the ancient hair. In 2005, while studying translations of Roman literature, she realized the Latin term "acus," which has several meanings including a "singleprong hairpin" or "needle and thread," was being mistranslated as "single-prong hairpin" in the context of ancient Roman hairdressing. While single-prong hairpins could not have held up the elaborate hairstyles of ancient Rome, a needle and thread could*. After that, she recreated many ancient hairstyles and put them in a tutorial form on a YouTube platform.

Her work in the field of YouTube hair community is very different from other offerings in this area because of her experience as a stylist and as a scholar. She provides a particular insight into how hair works and what can be accomplished with what tools. She upends a number of assumptions — that Roman women must have used wigs to achieve their more elaborate hairstyles or that they used hairpins — and injects a whole new simplicity and accuracy to the very vocabulary of ancient hairdressing**. Her research into the subject of ancient hair styles took over six years, from visiting many art museums and poring over



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exhibition catalogues to reading ancient works in Italian which she speaks fluently and even in Latin (with the help of her academic friends). She is fully conversant in classical archaeology (including unpublished artifacts), ancient literary sources and published scholarship about Roman hairstyling, and not just Roman but Etruscan and Greek as well***. * See: en.wikipedia.org (accessed: August 20, 2018). ** See: thehistoryblog.com (accessed: August 20, 2018). *** Ibidem. Agrippina the Elder Agrippina the Younger Ancient Fashion Aphrodite Classical, Mythological, Cleopatra VII Faustina the Elder Faustina the Younger Greece Greeks Traditional Motifs, Julia Domna I Plotina (Empress) Roman Empire Roman Republic Rome Characters, and Sabina (Empress) Vestal Virgins Wedding Traditions (Greek and Concepts Roman) Appearances Fashion Gender, female Historical figures History Other Motifs, Figures, and Concepts Relevant for Children and Youth Culture Further Reading Eveleth Rose, This Woman Is a Hair-Style Archaeologist, smithsonianmag.com, May 28, 2013 (accessed: August 20, 2018). Hairdo archaeologist' solves ancient fashion mystery, bbc.com, May 26, 2013 (accessed: August 20, 2018). Janet Stephens: Intrepid Hairdressing Archaeologist, The History Blog, posted on January 26, 2012 (accessed: August 20, 2018). Oliver, Dana, Ancient Roman Hair Discovery Made By Hair Archaeologist Janet Stephens, huffingtonpost.com, March 22, 2013



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